



**18th Medical Group  
Kadena AB, Okinawa Japan**

**Col Barbara B. King  
Commander**

**CMSgt Robert L. Lowery  
Superintendent**

**Clinic Hours**

Monday-Friday 0730-1630  
Closed for training the 3rd Thursday of  
each month from 1200-1630

**Contact us**

Appointment line hours: 0630-1630  
DSN on Kadena: 630-4817  
Commerical/Off-Base: 098-960-4817

Book your appointment online via  
**[www.tricareonline.com](http://www.tricareonline.com)**

Active Duty Personnel and TRICARE Prime  
beneficiaries have priority. All others are space  
available.

**Check in 15 minutes** prior to your scheduled  
appointment. If you arrive past your appointment  
time, we may have to reschedule you.

**The 18th Medical Group does not provide  
emergency services or operate an emergency  
room.**

For after hours medical advice or dental concerns,  
persons may contact the 18 MDG on-call provider:

TRICARE defines an emergency as a threat to loss  
of life, limb, or eyesight. Persons requiring  
immediate attention, to include mental health  
concerns, should go to the USNHO Emergency  
Department (ED) or call the following numbers:

Okinawa Emergency Services		
<b>DSN on Kadena</b>	911	
<b>Commercial/ Off Base</b>	American Forces	098-934-5911
	Japanese Ambulance	119

After Hours On-Call Personnel	
<b>DSN on Kadena</b>	630-4817
<b>Commercial/ Off-Base</b>	098-960-4817
Provider Line Instructions	
<b>Specialty</b>	<b>Option #</b>
Medical	1
Dental	2

## Acute and Walk-In Services

Persons requiring same day attention should contact their clinic directly through the appointment line. Additionally, Flight Medicine and Women's Health host walk-in appointments.

### TRICARE Online

TRICARE Online features secure access to beneficiary appointments, prescriptions, and personal health data. To register go to [www.tricareonline.com](http://www.tricareonline.com) click on the "Register Now on TOL" link located under the Login area on the Home page. From there, follow the instructions to complete your account registration

### Quick Links and Online Resources

Want to know more about us? Check us out online for information about our services, events, and other topical concerns. Our online-based resources are also an effective way to ask us questions and have your voice heard.

- [www.18mdg.com/](http://www.18mdg.com/)
- [www.facebook.com/kadenamedicalclinic](http://www.facebook.com/kadenamedicalclinic)
- [www.med.navy.mil/sites/nhoki](http://www.med.navy.mil/sites/nhoki)
- [www.tricare.mil](http://www.tricare.mil)
- [www.tricare-overseas.com/](http://www.tricare-overseas.com/)
- [www.tricareonline.com](http://www.tricareonline.com)
- [www.TRICAREdentalprogram.com](http://www.TRICAREdentalprogram.com)

### Prescription Refills

Prescription Refills			
Online	<a href="http://www.tricareonline.com">www.tricareonline.com</a>		
Phone	DSN On Kadena	643-1111	
	Commercial/ Off Base	Step 1	Step 2
		098 911-5111	643-1111

## Contact Us:

### Appointment and Support Services

Online	<a href="http://www.tricareonline.com">www.tricareonline.com</a>	
Phone	DSN on Kadena	Comm\ Off Base
	630-4817	098-960-4817

### Quick Reference

Clinic/ Section	First Press	Then Press
Dental	2	1
Family Advocacy	2	3
Family Practice	1	1
Flight Medicine	1	3
HAWC	2	4
Immunizations	5	3
Internal Medicine	1	4
Laboratory	5	4
Mental Health	2	2
Optometry	1	5
Outpatient Records	4	3
Patient Advocate	5	2
Pediatrics	1	2
Pharmacy Refills	3	1
Pharmacy Staff	3	2
Radiology	5	5
Referral Mgmt	4	1
TRICARE	4	2
Women's Health	1	6

Flight Medicine Clinic		
Service	Day	Time
Acute	Daily	0800-0900
		1300-1400
Return to Flight Status	Daily	0700-0800
Initial Clearance	Daily	0700-0800

United States Naval Hospital Okinawa USNHO		
DSN on Kadena	643-7555	
Comm/ Off-Base	First Dial	Then Dial
	098-911-5111	643-7555

Women's Health Clinic		
Service	Day	Time
Pregnancy Tests	Daily	0800-1100
		1300-1500
Birth Control/Hormone Replacement Refills	Monday and Friday	0800-0900
	Wednesday	1400-1530

Sister Service Liaisons		
Service	DSN on Kadena	Comm/ Off-Base
Navy	630-4100	098-960-4100
Army	630-4770	098-960-4770
	630-4984	098-960-4984